

Marianne Williams

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LICENSED MASSAGE THERAPIST & PERSONAL TRAINER

Licensed Massage Therapist, Internationally Certified through ITEC (the International Therapy Exam Council) and Personal Trainer. I have 30 years of experience with specific training in Clinical Sports Massage, Orthopedic Massage, Manual Lymph Drainage, Micro-current Stimulation, Cold laser, 15 Years of experience in Personal Training, Aesthetics and Concussion Recovery. I am seeking a position where I can utilize my knowledge and experience in providing the best outcomes for my clients. I have experience working with the public, with Elite professional athletes, with Physicians, and with high profile clients in a 5-star spa. I am willing to relocate within the United States/Canada. I have an International Diploma (ITEC) in massage therapy accepted in 33 foreign countries. Will travel as needed.

Experience

Manager/Licensed Massage Therapist/ Personal Trainer

Massage Therapy Specialists- Southwest, Florida, US
April 1995 to Present

Private massage and personal training Clients
NHL/AHL/ECHL/USPHL select players
X3 College football NFL Combine Prep
NFL Draft
March 2019 to present

Sports Massage Clinic Manager/LMT

USPHL Florida Eels & Jr. Blades, Premier & Elite Teams
August 18, 2018 to May 15, 2023

Licensed Massage Therapist

Alliance of American Football - Orlando, FL
Orlando Apollos Team
January 2018 to May 2018

Skills and Duties Performed

- Concussion Recovery for Athletes
- Confer with Doctors and Athletic Trainers on findings during treatments.
- Evaluating athletes and implementing treatment plans.
- Coordinating treatment plans for athletes.
- Massage muscles and soft tissues of the body to provide treatment for medical conditions, injuries or wellness maintenance.
- Provide clients with guidance and information about techniques for postural improvement, stretching, strengthening, and relaxation

- Documenting treatment sessions.
- Maintain equipment and supplies.
- Work with individual players year-round for optimal performance
- Sports massage for Professional Football Players.
- Private contracting with spas and physicians as needed
- Scheduling clients and other practitioner's sessions
- Keep up to date with facility, practitioner and player regulations
- Provide in home massage and skin care services for private clientele
- Promote business, advertise, and set appointments.
- Plan, administer and control budgets for contracts, equipment and supplies.
- Evaluate Elite athletes according to their specific sport and develop a treatment plan according to their needs: recovery, injury, pre or post massage, and training.
- Massage muscles and soft tissues of the body to provide treatment for medical conditions, injuries or wellness maintenance.
- Developed a protocol for Brain Health, Alzheimer's, Parkinson's, MS, and Concussions.
- Provide clients with guidance and information about techniques for postural improvement, stretching, strengthening, and relaxation.
- Maintain treatment records, client histories and purchases.
- Provide MLD pre and post op for surgery patients, cancer recovery, and lymphoedema.
- Train clients in rehabilitation exercises, neurocognitive perception, strength and conditioning.
- Evaluate athletes for muscle weakness, fascia restrictions, muscle control, and movement then Implement training and therapy plans.
- Perform skin care analysis and service
- Develop treatment plan & recommend products for continued results
- Powerplate Personal Training for Rehabilitation, enhanced athletic performance, post op recovery, weight loss, muscle gains and flexibility.

Massage Therapy Instructor

Bonita Springs School of Massage - Bonita Springs, FL
June 2015 to December 2018

- Instruct students in theory and technique of Clinical Sports Massage,
- Ensure students comprehend the information and can competently perform the modality.
- Maintain room, equipment and supplies.
- Document the class.

Licensed Massage Therapist

Spa at the Ritz Carlton Naples - Naples, FL
November 2016 to June 2017

- Deliver 5-star service at all times to ensure clients comfort and satisfaction.
- Perform exclusive Ritz Carlton massage protocols.
- Provide clients with guidance and information about techniques for postural improvement, stretching, strengthening, and relaxation
- Maintain room and equipment.
- Upsell spa treatments.
- Stock supplies and linens.

- Continually meet and exceed The Ritz Carltons standards of service.

Licensed Massage Therapist

Van Wagoner Chiropractic - Naples, FL
January 2014 to October 2016

- Consult with doctor on clients' conditions and treatment plans.
- Document treatments and make recommendations for follow up.
- Maintain room and equipment.
- Provide clients with guidance and information about techniques for postural improvement, stretching, strengthening, and relaxation.
- Maintain treatment records, client histories and purchases.

Licensed Massage Therapist

Neuroscience and Spine Associates - Gateway, FL
September 1994 to July 1995

- Evaluate the client's condition and medical history to determine the modality to use and form a treatment plan.
- Use complementary aids, such as infrared lamps, wet compresses, ice and mechanical tools to promote clients' recovery, relaxation and well-being.
- Provide clients with guidance and information about techniques for postural improvement using stretching, relaxation and rehabilitative exercise.
- Massage muscles and soft tissues of the body to provide treatment for medical conditions, injuries or wellness maintenance.
- Consult with the neurologist to report assessments, progress and develop treatment plans.
- Document treatments.
- Maintain treatment records.

Education

Florida Southwestern State College

Fort Myers, FL
Biological Science
87 credit hours
August 2017 to Present

Venice School of Massage

Bonita Springs, FL
Licensure in Massage
Therapy
November 1993 to April
1994

Bonita Springs School of Massage

Bonita Springs, FL
Licensure in Esthetics
January 2015 to April 2015

Certifications/Licenses

Massage

Florida State Massage Therapy Sports Massage Team
International Therapy Exam Council Diplomat in Massage (ITEC)
WATSU LEVEL I
Clinical Sports Massage Therapist – James Waslaski
Manual Lymph Drainage Specialist
Brain Health Practitioner
Mercier Therapy
Egyptian Reflexologist Level III
Advanced Sports Massage - Sandy Fritz
Advanced Sports Massage FSMTA Sports Massage Team
Dorn Method
BSW Neurokinesis Level 1
Summus Medical Class IV Laser
CPR/AED

Esthetics

Peels: Biopeel, Dermetics
Dermablading
Powerderm
Microdermabrasion

Additional Massage Modalities

NASM Personal Training
Sports Injury Visceral Training
AIS (Active Isolated Stretching)
Micro-current Acupuncture (MPS)
Cranial Release Technique
Massage for Enhanced Respiratory Function
Total Motion Release (TMR)
Aquatic Cranial Therapy
Orthopedic Massage

Bamboo Massage
Pregnancy Massage
Oncology Massage
Thai Floor Massage
Manual Therapy to Eliminate Multiple Nerve
Compression
Visceral Dynamics: Organ restriction in sports
performance. – Lynn Teachworth
Concussion Management Specialist training

Volunteer & Community Service

The MW Foundation 2017 - present
USA Hockey Level 2 Referee 2020-2021
USA Hockey Level 1 Referee 2019-2020
FSMTA Southwest Florida Chapter Sports Massage Chair 2017 - 2023
FSMTA Southwest Florida Chapter 1st Vice President 2018 - 2020
FSMTA Southwest Florida Chapter 2nd Vice President 2013 - 2018
Naples Young Marines Registered Adult Leader 2014 - 2017
4H Leader 1998 - 2012

Both professional and client references are provided upon request.